



Jane's Sunday Letter

Stories • Yorkshire • Hope

A quiet moment every Sunday morning.



The kettle's on...

Good morning, my lovely friends,

Here is Sunday Letter #7

I hope you're having a lovely Sunday. ☕❤️

Another couple of weeks have rolled around, and here we are again with a little time to catch up.



🍂☕🕯️ There's something about this time of year that always makes me want to retreat a little.

The evenings are drawing in, 🍂 autumn is beginning to colour the Yorkshire countryside, and I'm already thinking about candles, the fire being lit and cosy afternoons with my laptop.

This week has also reminded me that inspiration often appears when we aren't looking for it. An ordinary walk through a neighbouring village led me to an unexpected literary connection, while a rather more personal realisation made me understand why I haven't quite felt myself lately.

It turns out I've been spending far too much time doing all the things that come with being an author, and not enough time doing the one thing I actually love: writing. 🖋️

So, put the kettle on and come and spend a few Sunday minutes with me. There are stories on our doorstep, a little autumn reflection and, perhaps, the very first glimpse of my next novel.

I'm so glad you're here.

Jane xx ☕🍂

Author • Storyteller • Yorkshire life & everything in between

You never know what stories are on your doorstep.

A walk through neighbouring Great Ouseburn this week sent me down one of those wonderful little rabbit holes. I discovered a connection with Emily and Branwell Brontë that I hadn't known about, and before long I was reading about the people and history that had once surrounded this little North Yorkshire village.

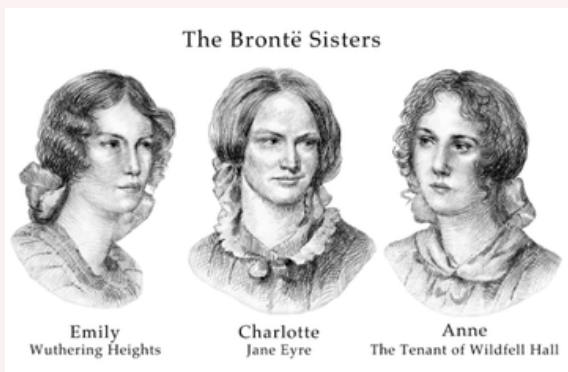
It reminded me that we often travel miles looking for interesting places and stories, when sometimes they're sitting quietly just down the road.

Perhaps that's one of the reasons I love living in Yorkshire so much. You can set off for an ordinary walk and come home with a story.

If you want to explore the Brontë connection properly, I'll upload the video to my channel next Sunday, after I have visited the Brontë home in Haworth to make the connection. Here is a link to my channel.

www.youtube.com/@JaneKellettAuthor

self-portrait drawing of Branwell Brontë
from around 1840



I've realised what I've been missing

I've felt a little out of sorts lately. I've been tired, I've stopped exercising as much, my diet has slipped and I've kept telling myself that I simply need to "get back on track."

But this week I realised there might be something else going on.

I haven't been writing.

I've been marketing. Posting. Making videos. Thinking about algorithms and views and all the things we're told authors need to do these days. And while those things have their place, they don't energise me. Writing does.

When I'm writing a novel, I disappear into another world. My imagination takes over and, for a little while, everyday stress and pressure don't get a look in.

Perhaps I've been so busy trying to be an author that I've forgotten to do the thing that actually makes me feel like one. So this autumn, as the leaves begin to turn and the candles and fire come back out, I'm going back to my laptop. And I think I've finally found my next story. "*The Secret She Forgot*". Even writing those four words makes me want to begin.

 Until The Next Sunday Letter....

 Let's stay connected

I'd Love to Hear From You 

One of the loveliest things about writing Jane's Sunday Letter is knowing there are real people at the other end of it.

So, if something I've written has made you think, made you smile, or you simply fancy saying hello, I'd genuinely love to hear from you.

Just scan the QR code below to get in touch.

And as always, thank you for spending a little bit of your Sunday with me.

Jane xx 

Until next Sunday...

Warm wishes,

Jane xx

Yorkshire Author | Therapist | Creator of Restyle Your Mind

